



Why do Patients Seem to be Older After COVID-19 Treatment?

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Abstract

Introduction: The author decided to write this article after seeing the photo of one patient before the COVID-19 treatment and after her admittance in the hospital to treat this infection (that showed that she became 10 years older than before the infection treatment).

Purpose: To demonstrate why patients that was undergoing COVID-19 treatment seems to be older after this treatment.

Methods: The author will use two cases reports who underwent SARS-CoV-2 infection treatment using antibiotics (Azithromycin, Hydroxyl chloroquine, corticosteroids). Both patients were complaining to be older after this treatment, an average of 10 years more after this treatment. The author will follow Hippocrates (460 bce - 375 bce) thoughts to explain what could be happening on these patients that is “we need to consider other ancient medical traditions prior to the knowledge we have nowadays”, so the author will use reasoning made by traditional Chinese medicine to explain what could be occurring on these two patients, in the energy point of view. The author measured the chakras’ energy centers of the second patient one month before the SARS-CoV-2 infection, that revealed that all the chakras were in the lowest level of energy, with exception of the seventh, that was normal, rated in eight.

Results: Both patients had a very complicate evolution and appeared 10 or 15 years older after the COVID-19 treatment, if compared to the beginning of the treatment. The treatment replenishing the chakras’ energy centers of the second patient using highly diluted medications such as homeopathies according to the theory *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* were important to rejuvenate the second patient after one week of treatment, leading to an improvement of the self-esteem and happiness to have their beauty restored again.

Conclusion: The conclusion of this study is that patients with COVID-19 infection have energy deficiencies prior to the infection, and the use of highly concentrated medication will reduce even more the energy that is responsible for maintaining the youth state of the individual (Kidney energy

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or second chakra). The use of highly diluted medications (homeopathies) is important to treat patients with this kind of infection and the complications, due to energy deficient state, prior to this infection.

Introduction

The definition of elderly people according to Western medicine's point of view is difficult to define. In the article written by Singh (2014) entitled *Defining 'elderly' in clinical practice guidelines for pharmacotherapy*, the author is saying that there is no real definition for elderly or older person. According to Hippocrates (460 bce - 375 bce), father of medicine, we need to consider older ancient medical traditions prior to the knowledge we have nowadays, so the author will use to explain the older process after COVID-19 treatment, using knowledge of Traditional Chinese Medicine (TCM), that exists for more than 5000 years. For TCM, the youth process is maintained by the Kidney's energy (second chakra) but there is an interconnection between the five internal massive organs, because an organ depends on the energy of the other organ that precedes it, in the generation cycle. For this reason, to improve our youthness, we need to keep our internal massive organs energy in a very good level, to prevent the formation of many other diseases and prevention of aging process [1,2].

Purpose

To demonstrate the reason why patients that are submitted to COVID-19 treatment can seem to be older than if compared to their state before this infection.

Methods

Through two cases reports of female patients (both more than 50 years-old) that were submitted to COVID-19 treatment using normal recommended medications showed in some articles (Azithromycin, Hydroxychloroquine, corticosteroids). The first patient was not the author's patient but the second was the author's patient in the past and she did the chakras' energy measurement months before this infection, that revealed that she was in the lowest level of energy in the chakras' energy centers (internal five massive organs that corresponds to the Liver, Heart, Spleen, Lungs, Kidney).

Results

After their treatment, they were both feeling very tired, fatigued without any energy and felt that they aged 10 years or more after this treatment. The author treated only the second patient using Chinese dietary counseling (orientating to avoid dairy products, raw foods, cold water and sweets) and the first patient was not her patient. It was also orientated the patient to avoid or reduce the ingestion of coffee, soda and matte tea and the third group of foods that the author usually orientates her patients is to avoid the ingestion of fried foods, chocolate, honey, coconut, melted cheese, alcoholic beverages. The second step used by the author to treat the side effects induced by the COVID-19 treatment was to rebalance the internal energy of *Yin, Yang, Qi* and Blood using auricular acupuncture associating with apex ear bloodletting (treating the Liver, Spleen, Kidney, Heart, Large intestine, Shen-men, Occiput, Neurasthenia point). The third step in these treatment was to increase the vital energy of the internal massive organs through homeopathy medications according to the theory *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*, replenish-

ing all internal massive organs during a period of one year or more. The patient improved quickly after these tools used in her treatment and in the following week after the beginning of this treatment, the patient restored her face again, rejuvenate 10 years, after this treatment, only in one week of treatment.

Discussion

What makes the person end then shortly after the SARS-CoV-2 infection?

In the article written by Chen et al. (2021) entitled *Aging in COVID-19: Vulnerability, immunity and intervention*, they are saying that aging is a risk factor for severe disease and can lead to death [3].

In the article written by Cong and Chen (2019) entitled *Traditional Chinese medicine and aging: Integration and collaboration promotes healthy aging*, they are saying about what the book of Huang Di Nei Jing is saying about the aging process, with the phenotypic features such as balding and graying hair, dimming eyes, loss of ability of express clearly, wrinkled and withered skin, reduced mobility, loss of capability of reproduction, missing teeth. But the main pathological changes according to traditional Chinese medicine is the degeneration and decline of the functions of organs and viscera and can lead to death after multi-organ failure [4].

Traditional Chinese medicine is based on the observation that everything that happens in nature (it takes into account environmental factors such as Wind, Cold, Dryness, Heat and Humidity) can influence the development of diseases [5].

Furthermore, traditional Chinese medicine understands that the symptoms presented by the patient are only manifestations of an energy imbalance at the root of the tree, which is a metaphor that the author uses to explain the different points of view of Western Medicine (that treats the leaf level) and Chinese medicine (that treats the root level and also consider the influences of the external pathogenic factors), as the author usually uses the metaphor of the tree to explain the different view point in Western medicine and in traditional Chinese medicine, demonstrated in the Figure 1 [5,6].

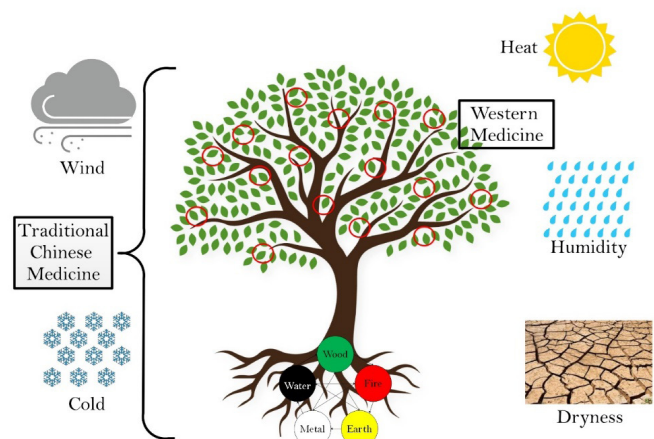


Figure 1: Metaphor of the tree comparing Western medicine and traditional Chinese medicine point of view.

At the root of the tree, the author symbolizes two theories of traditional Chinese medicine, which are the *Yin* and *Yang* theory (showed in the Figure 2) and the Five Element theory (demonstrated in the Figure 3) [5,6].



Figure 2: Yin and Yang symbol.

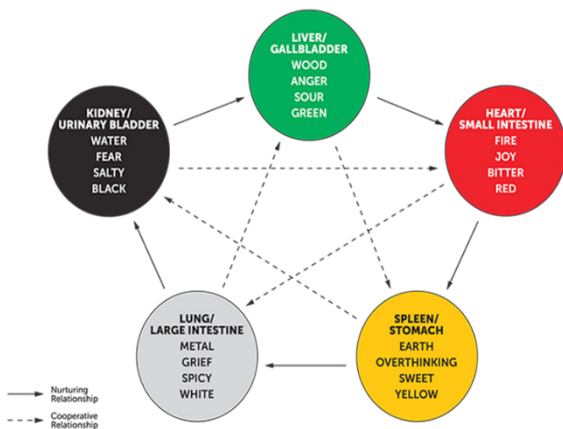


Figure 3: Five Elements theory.

In this root, there are energy centers called chakras, that governs all body functions and they send energy to the entire glands, cells and systems to them to work properly, as you can see in the Figure 4 [7].

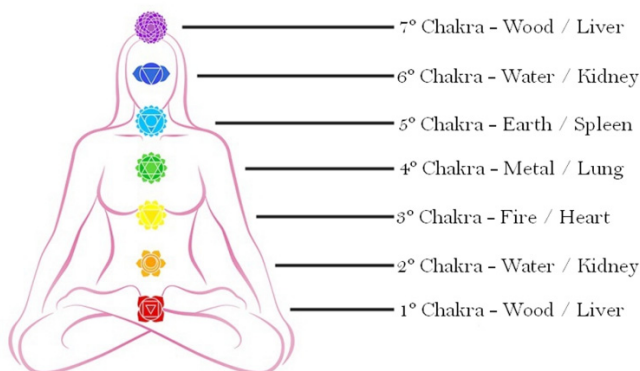


Figure 4: Chakras' energy centers, the Five Elements theory and the correspondence to the five internal massive organs.

In traditional Chinese medicine, all symptoms and manifestations of the body and mind are explained by energy imbalances located at the root of the tree, initiated unleashed by emotional problems and inadequate nutrition or by invasion of external pathogenic factors [6,7]. All organs that exists in our body are represented in various micro systems such as the ear, foot, hand, and skull, among others [8]. The maintenance of youth is commanded by the Kidney energy or the second chakra [9]. In a study carried out by the author, between 2015 and April 2020, studying the energy of the chakras' energy centers of 1000 patients and analyzing the records of 409 patients of this group,

the author reached the conclusion that 97% of patients had low Kidney energy, and 90% of these patients had no energy in any massive organs (Kidney, Liver, Heart, Spleen, Lungs) before the COVID-19 pandemic, as the author showed in the Table 1.

The sample of this study could be revealing the pattern of the population we have nowadays (low energy in all the chakras' energy centers), in all population in the world due to the fact that this reduced energy in all massive organs is caused by the exposition of the electromagnetic waves in our lives (pollution between the earth and the sky) [6,10].

Table 1: Results of the research analyzing the chakras' energy centers.

Chakras	2-19	20-59	60-80
7	8	8	8
6	1	1	1
5	1	1	1
4	1	1	1
3	1	1	1
2	1	1	1
1	1	1	1
ST	1	1	1
Total of patients	26	170	86
Main Western diagnoses	Anxiety	Anxiety	Anxiety
	Depression	Headache	Knee pain
	<i>Yin/Yang</i>	<i>Yin</i>	<i>Yin</i>
Main Chinese diagnoses	<i>Yin/Blood</i>	<i>Yin/Yang</i>	<i>Yin/internal Heat</i>
			<i>Yin/Yang/internal Heat</i>

Knowing that the population today is characterized by extremely low energy in all internal organs, such as in the Kidney, Liver, Heart, Spleen and Lung, and that one organ depends on the energy of the next organ, depending on the type of medication that this population are using to treat their infection, the energy of these organs can decrease even more, causing acceleration of aging of these patients, because the use of any medicine in high concentrations, according to Arndt Schultz Law's law (Figure 5), will make the vital energy drop, consequently changing the Kidney's energy to lower and it is the Kidney energy that is responsible for the maintenance of youth of the individual, and for this reason, the patient starts to look more aged, after the treatment of this infection [6,10,11].

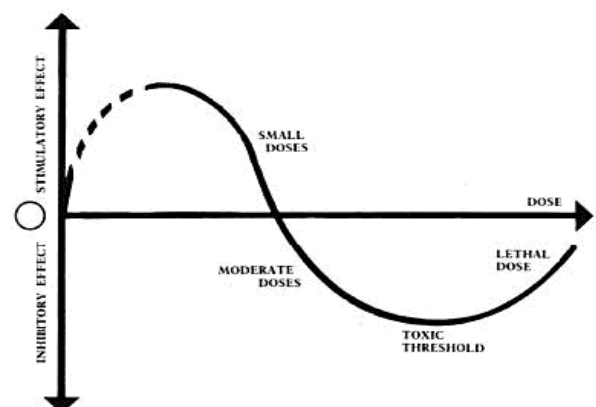


Figure 5: Arndt-Schultz Law

The Chinese dietary counseling used by the author, it is considered a medical specialty in Chinese medicine, where the physician can treat all kinds of diseases using the energy of each food, with the aim to rebalance the energy that is presenting in the manifestation of each symptom or diseases. In this case, the author used Chinese dietary counseling to orientate the patient to avoid dairy products, raw foods, cold water and sweets, to prevent the imbalance of the Spleen-pancreas meridian or fifth chakra (that is responsible for the absorption of nutrients). It was also orientated the patient to avoid or reduce the ingestion of coffee, soda and matte tea, because these kinds of drinks could induce the energy deficiency in the second chakra (Kidney) responsible for the formation of *Yin* and *Yang* energy inside the body. The third group of foods that the author usually orientates her patients is to avoid fried foods, chocolate, honey, coconut, melted cheese, alcoholic beverages, to prevent energy imbalances of the Liver and Gallbladder meridian and formation of internal Heat, very common in patients with COVID-19, responsible for the formation of inflammatory process in this infection, in the energy point of view. According to Hippocrates (460 bce - 375 bce), *make your food your medicine and your medicine your food*. The schematic relationship between *Yin*, *Yang*, *Qi* and Blood are the cornerstone of all traditional Chinese medicine and it is demonstrated in the Figure 6. [1,7].



Figure 6: Schematic figure between *Yin*, *Yang*, *Qi* and Blood energy.

The author started to study homeopathy in 2015 and since then, Huang (2020) started to write another theory entitled *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine*, showed in the Table 2, where she is combining the theory of homeopathy created by Hahnenamm (1755- 1843) with the theory of Chinese medicine that exist for more than 5000 years. As said by Hippocrates (c. 460 BC - c. 370 BC), Life is short, art long, opportunity fleeting, experience treacherous, judgment difficult [12].

Table 2: Homeopathies and crystal based medications used to replenish the chakras 'energy centers.

Chakras	Five Elements	Homeopathy Medications	Crystal Based Medications
1° Chakra	Wood / Liver	Phosphorus	Garnet
2° Chakra	Water / Kidney	Natrum muriaticum	Orange Calcite
3° Chakra	Fire / Heart	Sulphur	Rhodochrosite
4° Chakra	Metal / Lung	Silicea	Emerald
5° Chakra	Earth / Spleen	Calcarea carbonica	Blue Quartz
6° Chakra	Water / Kidney	Tone 2° chakra	Sodalite
7° Chakra	Wood / Liver	Tone 1° chakra	Tiger Eye

The author (2020) is using this theory written by her entitled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* as an energy replenishment treatment for the five internal massive organs of Chinese medicine (Liver, Heart, Spleen, Lung and Kidney). The use of homeopathic medications in the treatment of the aged appearance of the patient after the COVID-19 treatment, according to this theory created by the author, can returns the old appearance of the patient to normal very quickly (in the first week of treatment). What the author feels is that this treatment has to be continuous during the life of patient because the replenishment is not only for that phase of the patient but throughout the previous phase of the patient who was already weak. If the physician does not continue to replenish this energy for more time, it can be consumed and they can see this drop of energy very soon after, due to the constant maintenance of influence of the electromagnetic waves, that are acting in the lives of most people today reducing our vital energy [6,7].

The necessity of using homeopathy medications instead of using highly concentrated medications in the treatment of these diseases are well explained by Arndt Shultz Law, created in 1888 by two German researchers, as you can see in the Figure 5 . In this law, they are saying that the use of highly concentrated medications can reduce the vital energy that is already low in all these patients that are having COVID-19, demonstrated in the article *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection* [6].

The use of this therapy, in addition to taking patience from low self-esteem with the accelerated aging process, has improved their self-esteem, preventing the onset of other chronic diseases such as: diabetes, depression, anxiety, insomnia, myocardial infarction, cancer, etc. and rejuvenate the patient and restoring the energy to live their life accordingly, with more happiness and equilibrium (either emotional or physical). To achieve this result, the author need to have in mind the reasoning used Western medicine and also, used by traditional Chinese medicine, as she is demonstrating in the Figure 7 [5-7, 13,14].

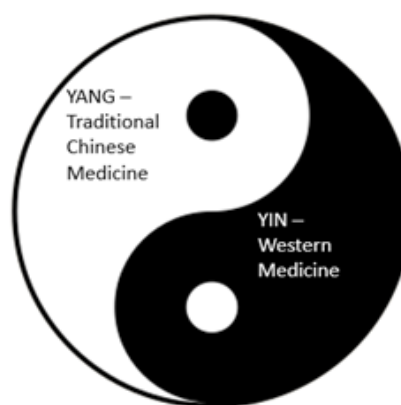


Figure 7: Metaphor of the *Yin* and *Yang* of Western medicine and traditional Chinese medicine.

To finalize this article, the author wants to say that homeopathy and acupuncture are considered medical specialties in Brazil since 1980 and 1995, by Federal Medical Council and are important tools used by the author to treat the complications associated by the treatment of COVID-19 infections and other non-infection process nowadays, that are caused in the majority of time, due to energy deficiency in the five massive organs (or the chakras' energy centers), demonstrated in many articles written by the author [6,7,9,13,14].

Conclusion

The conclusion of this study is that patients that is acquiring COVID-19 have energy deficiencies in the internal five massive organs and depending on the type of medications used in the treatment of this infection (if highly concentrated or highly diluted medications), the patient can have this reaction (aging process) due to the consumption of the Kidney energy, that is responsible for our youth process. The use of tools to restore these energy, using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and replenishment of the internal massive organs energy using highly diluted medications according to the theory *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* are very important tools to restore the energy that was before the infection and also, important to treat and restore the energy consumed during this infection and aggravated by the type of medications used in this treatment (highly concentrated medications).

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